## Polit: Essentials of Nursing Research, 8th Edition

#### Chapter 1: Introduction to Nursing Research in an Evidence-Based Practice Environment

**Test Bank** 

#### MULTIPLE CHOICE

- 1. A research nurse understands that evidenced-based practice in nursing does which of the following?
  - A) Relies on tradition
  - B) Consults recognized authorities
  - C) Depends primarily on textbooks
  - D) Is based on the latest research
- 2. A researcher wants to explore the process by which men make decisions about treatment for prostate cancer. The researcher's paradigm is most likely which of the following?
  - A) Positivism
  - B) Determinism
  - C) Empiricism
  - D) Constructivism
- 3. A researcher wants to investigate the effect of patients' body position on blood pressure. The study would most likely be of which type?
  - A) Qualitative
  - B) Quantitative
  - C) Either quantitative or qualitative (researcher preference)
  - D) Insufficient information to determine
- 4. An especially important goal for the nursing profession is to do which of the following?
  - A) Conduct research to better understand the context of nursing practice
  - B) Establish a solid base of evidence for practice through disciplined research
  - C) Document the role nursing serves in society
  - D) Establish research priorities
- 5. Constructivist qualitative research typically does which of the following?
  - A) Involves deductive processes
  - B) Attempts to control the research context to better understand the phenomenon being studied
  - C) Involves gathering narrative, subjective materials
  - D) Focuses on numeric information

- 6. Consumers of research do which of the following?
  - A) Design studies
  - B) Undertake studies
  - C) Produce research
  - D) Read research
- 7. Empiricism refers to which of the following?
  - A) Making generalizations from specific observations
  - B) Articulating a study purpose in terms of an appropriate classification system
  - C) Gathering evidence about real-world phenomena through the senses
  - D) Verifying the assumptions on which the study was based
- 8. Evidenced-based nursing primarily uses which of the following to answer clinical questions?
  - A) Consulting an authority
  - B) Using intuition
  - C) Obtaining the newest research
  - D) Relying on experience
- 9. Non-research-based evidence includes which of the following? Select all that apply.
  - A) Unit culture
  - B) Nurse's experience
  - C) Qualitative studies
  - D) Trial and error
- 10. Nursing has experienced constant change over the past decades as a result of increased research. When determining best practices, nursing decisions should do which of the following? Select all that apply.
  - A) Be based on tradition
  - B) Include holistic approaches
  - C) Be clinically appropriate
  - D) Be cost effective

- 11. Quantitative and qualitative research share which of the following features? Select all that apply.
  - A) A desire to understand the true state of human affairs
  - B) An emphasis on formal measurement
  - C) A reliance on external evidence collected through the senses
  - D) Utility to the nursing profession
- 12. The classic scientific method has its intellectual roots in which of the following?
  - A) Positivism
  - B) Determinism
  - C) Constructivism
  - D) Empiricism
- 13. The major difference between quantitative and qualitative research is that qualitative research seeks to find answers based on which of the following?
  - A) Solid factual data
  - B) Experiences or descriptions
  - C) Etiology
  - D) Systematic process
- 14. When little is known about a phenomenon or the phenomenon is not clearly identified, the best type of research suited to uncover this is which of the following?
  - A) Exploration
  - B) Description
  - C) Identification
  - D) Prediction
- 15. When nurses rely primarily on tradition, they are most likely to do which of the following?
  - A) Produce a precise range of answers
  - B) Increase new knowledge
  - C) Maintain an unbiased perspective
  - D) Undermine effective problem solving

- 16. Which of the following attributes is *least* characteristic of the traditional scientific method?
  - A) Control over external factors
  - B) Systematic measurement and observation of natural phenomena
  - C) Testing of hunches deduced from theory or prior research
  - D) Emphasis on a holistic view of a phenomenon, studied in a rich context
- 17. Which of the following groups would be *best* served by the development of a scientific base for nursing practice?
  - A) Nursing administrators
  - B) Practicing nurses
  - C) Nurses' clients
  - D) Health care policymakers
- 18. Which of the following is a descriptive question that a qualitative researcher most likely would ask?
  - A) What is the nature of this phenomenon?
  - B) What is the average intensity of this phenomenon?
  - C) How frequently does this phenomenon occur?
  - D) What is the average duration of this phenomenon?
- 19. Which of the following is a fundamental belief of those who hold to the constructivist paradigm?
  - A) A fixed reality exists in nature for humans to understand
  - B) The nature of reality has changed over time
  - C) Reality is multiply constructed and multiply interpreted by humans
  - D) Reality cannot be studied empirically
- 20. Which of the following is a fundamental belief of those who hold to the positivist paradigm?
  - A) The researcher is objective and independent of those being studied
  - B) The researcher cannot interact with those being studied
  - C) The researcher instructs those being studied to be objective in providing information
  - D) The distance between the researcher and those being researched is minimized to enhance the interactive process

- 21. Which of the following is a hallmark of the scientific method?
  - A) Rigorous
  - B) Holistic
  - C) Systematic
  - D) Flexible
- 22. Which of the following limits the capacity of the scientific method to answer questions about humans?
  - A) The necessity of departing from traditional beliefs
  - B) The difficulty of accurately measuring complex human traits
  - C) The lack of funding for research
  - D) The shortage of theories about human behavior
- 23. Which of the following research focuses is qualitative?
  - A) Weekend and night outcomes of patients admitted to a specific hospital system's trauma departments
  - B) Trends in hospitalizations of patients with antibiotic-resistant tuberculosis
  - C) Predicting risks for serious complications with abdominal surgery
  - D) Needs of nursing students living with chronic illness
- 24. Which of the following would be most strongly associated with cause-probing research?
  - A) Identification
  - B) Description
  - C) Exploration
  - D) Explanation

# **Answer Key**

- 1. D
- 2. D
- 3. B
- 4. D
- 5. C
- 6. D
- 7. C
- 8. C
- 9. D
- 10. C, D
- 11. A, C, D
- 12. A
- 13. B
- 14. C
- 15. D
- 16. D
- 17. C
- 18. A
- 19. C
- 20. A
- 21. C
- 22. B 23. D
- 24. D